



**November 05, 2024**

To,

**BSE Limited,**  
20<sup>th</sup> Floor, P. J. Towers,  
Dalal Street,  
Mumbai – 400 001.  
(Scrip Code: 539528; Scrip Id: AAYUSH)

**Metropolitan Stock Exchange of India Limited,**  
Vibgyor Towers, 4<sup>th</sup> floor, Plot No C 62, G - Block,  
Opp. Trident Hotel, Bandra Kurla Complex, Bandra  
(E), Mumbai – 400 098  
(Symbol – AAYUSH, Series – EQ)

Dear Sir/Madam,

**Subject: Intimation of the Board Meeting to be held on November 13, 2024.**

Pursuant to Regulation 29(1) of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (“**SEBI Listing Regulations**”), meeting of Board of Directors is scheduled to be held on Wednesday, November 13, 2024 at the Registered office of the company to consider and approve:

- Unaudited Standalone Financial Results for the quarter and half year ended as on September 30, 2024.
- Any other business transaction with the permission of the chairman.

Pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015 read with Company’s Code of Conduct for Regulating, Monitoring and Reporting of Trading by Designated Persons and their Immediate Relatives, the trading window for dealing in securities of the company, which was closed from October 01, 2024 will reopen 48 hours after the declaration of the Unaudited financial results.

You are requested to take the above cited information on your records.

Thanking You,

**For Aayush Wellness Limited**  
*(Formerly known as Aayush Food and Herbs Limited)*

**Naveenakumar Kunjaru**  
**Managing Director**  
**DIN: 07087891**

**AAYUSH WELLNESS LIMITED**  
**(Formerly known as Aayush Food and Herbs Limited)**  
**CIN: L01122DL1984PLC018307**

**Registered Office:** 55, 2<sup>nd</sup> Floor, Lane 2, Westend Marg, Saidullajab, Near Saket Metro Station, New Delhi, Delhi 110030  
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